

This guidance has been informed by the Bristol Jets – Return to Outdoor Training – [COVID-19 risk assessment](#)



It is relevant from July 2020, until further notice

Requirements for all players now:

To be able to attend Bristol Jets training, you must:

1. Read this guidance document
2. Pay £10 subs
3. Fill out a registration form, to supply up-to-date contact details and confirm that you have read and will adhere to these guidance
4. State that you are 'Going' on the Heja app **by Tuesday** for that Thursday's training session – this is to enable us to allocate training groups (although we ask you to please fill out your availability at your earliest opportunity at the beginning of each month)

Failure to do any of these steps will mean you will not be able to attend training, with no exceptions. This is to ensure we are able to train together, while maintaining the highest level of safety possible for our players, coaches and the wider community

On meeting these requirements, each week we will communicate your **training group** and each group's **training location**. *Note: each group will be training on the Downs at the same time, but in distinct locations to ensure groups are no bigger than 6 people*

It is extremely important that you check carefully your group and location each week (as this will change)

Before attending a training session:

1. If you are displaying any symptoms of COVID-19, however mild (currently this is a new continuous cough OR high temperature OR loss of, or change to, your sense of taste OR smell): <https://www.gov.uk/coronavirus>; and/or have tested positive and are in the period of isolation recommended you are **NOT to attend** a training session
2. If any member(s) of your household are displaying symptoms of COVID-19, however mild; and/or have tested positive and are in the period of isolation recommended you are **NOT to attend** a training session

During training:

1. Check and re-check your group and location before arriving
2. We advise you to travel to/from training on your own or in your household groups
3. You are not to congregate outside of your 'training group' of 6 people and are to maintain social distancing within your group. This includes before and after training
4. You must sanitise hands on arrival and immediately after training has finished. Hand sanitiser should be provided, but we recommend you bring your own in case

5. Kit bags/belongings should be deposited at the side of the training area, 2m apart from adjacent players to avoid crowding (consider bringing as little as possible/leaving in cars to help with this)
6. You must bring your own water bottle and not share outside of your household
7. If you need to use a public toilet during training, you must sanitise hands before and after
8. Ensure you take your litter/bottles home at the end of the session
9. Coaches/team leads are to clean balls and equipment with the spray provided between sessions
10. U18 chaperones who are not part of the training group must remain in their cars within sight of the training area
11. You are to maintain social distancing at all times during training – drills & practices will be tailored to enable this (ie no touching)
12. Do not swap training groups during the session
13. If first aid is required, maintain distance wherever possible – if they are capable, instruct casualty, but treating casualty is main concern. Each group will be provided with a mask and personal protection pack for emergency first aid

Requirements thereafter:

We will require you to re-read these guidance and confirm that you have read and will adhere to these guidance at the beginning of each month. You may also be required to do this on an ad-hoc basis if the committee has made any changes due to changing guidance for sports clubs and COVID-

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